Regional Resource Guide

Local Support Services for Mental Health Services, Suicide Prevention, Substance Use Disorders & Social Supports

1 in 5 are impacted by mental illness

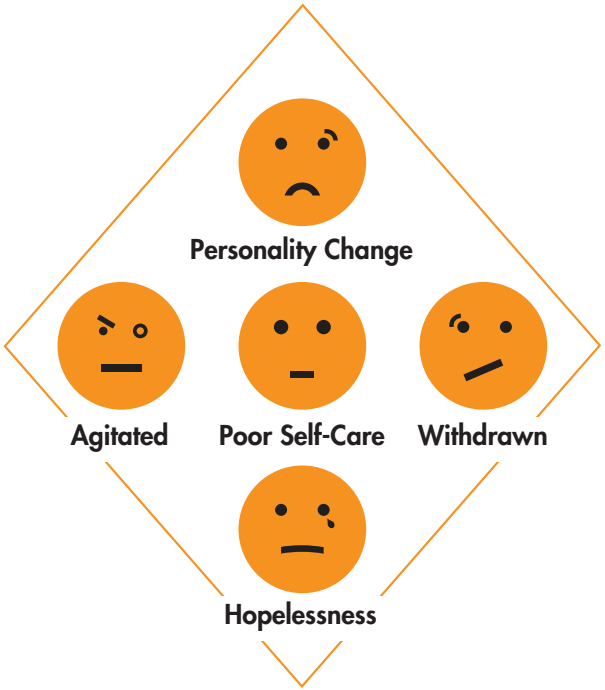
50% of individuals impacted by substance use have a mental health diagnosis.

Tri-County Community Action Agency
Southern Providence County Regional Coalition
Cranston • Johnston • North Providence • Scituate • Smithfield

When I is replaced by We, Illness becomes Wellness

Help us change the conversation around substance use disorder so that we come to understand that it is not a moral failing. It's a chronic illness that needs to be treated with skill, urgency and compassion.

Know the Five Signs of Emotional Suffering



"Talking about feelings can and does help people to feel better."

the campaign to changedirection®

Substance Use & Recovery Support

ADCARE
Medical Assisted Treatment, and Recovery Support.
600 Putnam Pike, Greenville **401.949.2200**

CODAC
Medical Assisted Treatment, and Recovery Support.
1052 Park Avenue, Cranston **401.490.0716**

The Journey
Medical Assisted Treatment, and Recovery Support.
985 Plainfield Street, Johnston **401.946.0650**

Anchor Recovery Community Center
Provides support network and variety of programming.
890 Centerville Road, Warwick **401.615.9945**
401.721.5100

Alcoholics Anonymous **401.438.8860**
www.rhodeisland-aa.org

Narcotics Anonymous **1.866.624.3578**
www.gpana.org

Al-Anon/Al-Ateen **1.888.425.2666**
www.riafg.org/alateenri.org

Dispose of Unused or Expired Medications

Secure 24/7 Drop-off Boxes are located at Cranston, Johnston, North Providence and Smithfield Police Departments, Scituate State Police Headquarters and 24 hour CVS Pharmacies.

Mental Health/Substance Use Treatment

Tri-County Community Action Agency
Providing services and support to promote self-sufficiency, including mental health and substance use treatment and services.
1126 Hartford Avenue, Johnston
401.351.2750

Comprehensive Community Action Program
Providing services and support to promote self-sufficiency, including mental health and substance use treatment and services.
401.467.9610

Well One
Providing services and support to promote self-sufficiency, including mental health and substance use treatment and services.
401.567.0800

Gateway Healthcare **401.553.1031**

Inner You **401.773.7116**

Gershon Psychological Institute **401.349.3131**

Child-Help USA **1.800.422.4453**

KidsLink RI **1.855.543.5465**

RI BH Link (Crisis Center) **401.414.LINK (5465)**
24/7 mental health support and services.

Parent Support Services

Bradley Hospital Kids Link RI **401.423.1364**

Parent Support Network of RI **401.467.6855**
www.psnri.org **1.800.483.8844**

24/7 Help Lines & Support Services

National Suicide Prevention Lifeline
1.800.273.8255
Crisis Text Line 741741

The Trevor Project
24/hr. confidential support for LGBTQ individuals.
Text Trevor to 1.202.304.1200
1.866.488.7386

Problem Gambling Service of RI (PGSRI)
1.877.942.6253

NAMI Rhode Island **1.800.273.8255**

RI Hope & Recovery Hotline **401.942.STOP**

Day One **1.800.494.8100**

Quit Tobacco Help
Text to Be an Ex (T2BX)/Text START to 88206
1.800.QUIT NOW (1.800.784.8669)
Quitnowri.com

Please call 911 if you are experiencing a life-threatening emergency.

"Do not be ashamed of your story. It will inspire others."

Southern Providence County Regional Coalitions

Regional Director

Patricia Sweet – psweet@tricountyri.org

Our Community Coalitions

Cranston Substance Abuse Task Force

Dana DeVerna – ddeverna@comcap.org
401.562.2244

Johnston Prevention Coalition

Jessica Parylak – jparylak@tricountyri.org
401.404.3146

North Providence Prevention Coalition

Andrea Paiva – apaiva@tricountyri.org
401.830.1789
Jessica Parylak – jparylak@tricountyri.org
401.404.3146

Scituate Prevention Partnership

Kate Manning – kmanning@tricountyri.org
401.515.2480

Smithfield Prevention Coalition

Andrea Paiva – apaiva@tricountyri.org
401.830.1789

Law Enforcement

Cranston Police Department **401.477.5000**
Johnston Police Department **401.231.8100**
North Providence Police Department **401.233.1433**
Scituate Police Department **401.821.5900**
Smithfield Police Department **401.231.2100**
RI State Police Headquarters **401.444.1000**

Tri-County Community Action Agency
Southern Providence County Regional Coalition
Cranston • Johnston • North Providence • Scituate • Smithfield

BHDDH

For more information and resources, scan this QRC or visit our website at
spcregionalpreventioncoalition.org